

# BROWN BAG LECTURES

**FREE!**

The Brown Bag Lecture Series is a FREE event open to the public. The lectures are held on Wednesdays during the spring and fall terms from 12 - 1 p.m. at the Downtown Center, Room G106, located at 2600 East Wilcox Drive in Sierra Vista. Feel free to bring lunch. No registration required.

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## Wednesday, Sept 9 The Power of Lifelong Learning

By Dr. Dean Frazeur

Continuing to learn isn't just enriching, it is essential! Without ongoing growth, seasoned adults may face faster cognitive decline, higher dementia risk, and increased isolation. Join Dr. Frazeur to discover how staying intellectually and socially engaged supports a healthy, adaptable brain. We will translate key ideas from neuroscience and psychology into simple, practical tools you can use to keep learning, connecting, and thriving, tailored to your individual needs.

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## Wednesday, Sept 16 Launching the Future: NASA's Artemis Journey

By Ted Forte, NASA Solar System Ambassador

NASA Solar System Ambassador Ted Forte will describe the latest mission architecture for the Artemis Program, NASA's Moon to Mars Initiative. NASA has committed to maintaining America's leadership in manned exploration by increasing the cadence of Artemis missions, standardizing the Space Launch System (SLS) rocket, and adding a new mission. Ted will take us through all the latest updates to the Artemis Program as NASA attempts to usher in a new Golden Age of Science and Discovery.



Photo credit:  
NASA.gov



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## Wednesday, Sept 23 Sun Safety

By Trinity Ribbing, Cochise County Health & Social Services

Join us for an engaging, evidence-based presentation on sun safety and skin cancer prevention. Learn how simple daily choices can significantly reduce your risk and protect your long-term health. This session will cover early warning signs, ways to minimize harmful UV exposure, and easy habits you can incorporate into your routine. Gain practical, science-backed strategies to take control of your skin health and help safeguard yourself and your loved ones.

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## Wednesday, Sept 30 Rucker Canyon: Army and Apache History

By William B. Gillespie

In 1878, the United States Army established a small outpost in the heart of the late Apache leader Cochise's homeland in the Chiricahua Mountains of Southern Arizona. The camp was established to support companies of Indian Scouts who were pursuing Chiricahua Apaches who refused to live at the San Carlos Apache Reservation. Although Camp Rucker was an official post for only a few years, it played a pivotal role in the history of the Chiricahua Apaches in the 19th century. Join us as we explore the legacy of this remote outpost in Cochise County.

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**Wednesday, Oct 7**

## **Catching Cancer Early: What Every Family Should Know**

By Dr. Sriman Swarup

Cancer touches nearly every family, but early detection can save lives. In this talk, Dr. Swarup, a board-certified oncologist practicing in Cochise County, explains what warning signs to watch for, which screenings really matter, and how to navigate local healthcare options. Dr. Swarup will share real stories from his practice and practical steps you and your loved ones can take to protect your health. Bring your questions, your curiosity, and even your lunch—it's time to make cancer prevention part of our community conversation.

**Wednesday, Oct 14**

## **The Power of Planning for Your Financial Future**

By Frank Desimone, Financial Advisor

Nobody plans to fail, but far too many people fail to plan for the financial future they imagine. Join Frank Desimone for The Power of Planning, where he will discuss the importance of actively planning for your goals. In this session, you will learn how to begin your financial planning journey, the pitfalls of waiting to get started, and how to help address concerns with today's changing landscape.

**Wednesday, Oct 21**

## **Fairbank: Arizona's Forgotten Railroad Gateway**

By Merle L Kilpatrick, Friends of the San Pedro River

Discover the fascinating story of Fairbank, a once-bustling railroad hub in Southeastern Arizona, where history comes alive as the gateway to the region's largest silver stamp mill along the San Pedro River in the late 1800s. Explore how this now-quiet ghost town played a vital role in connecting the mines and mills of Tombstone and Bisbee, shaping the economic growth of the region.

**Wednesday, Oct 28**

## **Haunted Bisbee: A Collection of True Ghost Stories**

By Francine Powers, Author

With Halloween approaching, it is the perfect time to explore Bisbee's extensive ghost lore. Francine Powers, author of the bestselling book Haunted Bisbee, will present an overview of the paranormal activity reported throughout Bisbee. She will feature accounts of the apparition of Judge John Wilson Ross, seen in the Division 2 Courtroom and chambers of the Bisbee Cochise Superior Courthouse, the lingering presence of a seamstress and her young son believed to haunt the Bisbee Restoration Museum, and a firefighter said to remain at Station No. 2 long after his death. Even if the paranormal holds no sway over you, this history-based lecture offers compelling detail every history enthusiast would appreciate.

**Wednesday, Nov 4**

## **A Walk on the Wild Side: Bisbee's Brewery Gulch**

By Mike Anderson

One of Old Bisbee's two principal thoroughfares, Brewery Gulch quickly gained a reputation as the rowdiest part of town, with its colorful mix of saloons, brothels, stores, and residences. Local historian Mike Anderson will tell the fascinating story of Bisbee's tenderloin district, where everything, including love, was available for sale.

